

Bethesda Foundation Funding FAQs

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1. What kinds of projects does Bethesda Foundation support?

The Bethesda Foundation provides several types of funding opportunities. For some opportunities, the application process is open to any eligible employee; for other opportunities, the application is by invitation only. The types of funding opportunities include:

- Medical Research (open)
- Clinical Improvement (open)
- Community Outreach (by invitation)
- Auxiliary Grants (for smaller items) (open)
- Nursing student scholarships (open)

2. How many projects are typically funded? What size are the awards?

- Medical Research - approximately 5-8 awards per cycle or 10 to 16 per year. Awards range from less than \$5,000 to approximately \$500,000, but there are few awards at the upper levels.
- Clinical Improvement - approximately 5-8 awards per cycle or 10 to 16 per year. Awards range from less than \$5,000 to approximately \$100,000.
- Community Outreach - approximately 15 awards per year. Awards range from less than \$5,000 to approximately \$200,000, but there are few awards at the upper levels.
- Auxiliary Grants - approximately 25 awards per year. Typical awards range from \$100 to \$3,000. Maximum request is \$20,000, but there are few awards at this level.
- Auxiliary Junior Volunteer Scholarship – approximately 2 per year
- Nursing student scholarships - approximately 30 per year.

Since 1988, the Bethesda Foundation has awarded more than \$3.5 million in grant funding to support Research and Clinical Improvement projects at Bethesda North Hospital.

3. What is the difference between grants from Bethesda Inc., and Bethesda Foundation Inc?

Bethesda Inc. (located in the Oak Street Building) and Bethesda Foundation (located in Bethesda North Hospital) both provide grants. Bethesda Inc. is a venture grant maker that funds new initiatives with the potential to transform health care delivery on a regional scale. Awardees come from within and outside of the TriHealth system. The awards tend to be large—in the vicinity of \$1 million. Bethesda inc says “We’ve been a catalyst in helping to attract more than \$70 million in federal funding to fuel health improvements in our community and have a strong commitment to collaborative efforts and partnerships that lead to breakthrough change in health care delivery.”

Bethesda Foundation makes grants to support projects at any Bethesda organization. The Foundation also raises money in support of specific projects at Bethesda hospitals, Hospice of Cincinnati and Fernside, a Center for Grieving Children. The Foundation focuses on keeping the organizations it supports at the forefront of the latest technology, and fosters and supports dynamic community outreach programs, including those related to education and safety.

4. What is the difference between each of the Bethesda Foundation funding programs?

The Bethesda Foundation awards funds under five different programs: Community Outreach, Research, Clinical Improvement, Bethesda Auxiliary, and Scholarships.

Community Outreach

This grant program has a long history of funding community outreach initiatives that support Bethesda’s mission. This program averages close to \$1 million in total grant awards each year. Requests range in size from \$3,000 to several hundred thousand. Most requests are in the \$20,000 - \$50,000 range.

As an example of the type of projects the Community Outreach Grant Program funds, the awardees from FY15 Community Outreach proposals include:

- *Behavioral Health Graduate Training* by the Bethesda Family Medicine Residency Training Program for a graduate student practicum for Xavier University clinical psychology students to provide behavioral health services to patients at Bethesda Family Practice in Norwood.
- *Breast Center Community Awareness* by the Mary Jo Cropper Family Center for Breast Care, to fund educational materials for newly diagnosed breast cancer patients and the general community.

- *Center for Abuse and Rape Emergency Services* at the BNH Emergency Department, to provide specially-trained personnel and exam kits for victims of domestic and sexual abuse.
- *Comprehensive Falls Prevention* program by TriHealth SeniorLink for falls prevention screening and education for frail and elderly SeniorLink participants.
- *Home Connections Program* for TriHealth Home Connections provides emergency response units for low-income, frail, chronically-ill individuals.
- Outreach Ministry *TriHealth Outreach Ministry* Extension of medical services, advocacy and resources for physical, emotional and spiritual health promotion into Butler and Warren Counties
- *Progesterone Project* by the BNH Perinatal Programs for medication subsidies for uninsured/underinsured women with history of spontaneous preterm birth.
- *School-Based Behavioral Health Services & Cincinnati Works* to TriHealth Corporate Health for psychological services for Cincinnati Works participant-students with social, emotional and behavioral difficulties in three Cincinnati Public schools.
- *Simulation & EMS Continuation* at the TriHealth Simulation & Education Center for simulation training to enhance technical skills, teamwork and communication among hospital and pre-hospital providers.
- *Think First for Your Baby* for BNH Trauma Services to provide education, home visits and safety equipment to reduce unintentional injuries in infants from at-risk populations.
- *Urban Health Project* of the University of Cincinnati for summer internship stipends for medical students to provide care for indigent populations through local community agencies.

Research and Clinical Improvement

Since 1988, more than \$3.5 million have been awarded in physician research grants. The program was opened to non-physicians in FY15, and to Clinical Improvement projects in FY16. Grants are only available for medical research studies or clinical improvement studies conducted at Bethesda. Awards range from approximately \$5,000 to more than \$100,000.

Examples of recent funded projects include:

- Modifying Exercise for the COPD Patient with Arthritic Limitations to Improve Compliance in a Pulmonary Rehab Program
- Randomized Phase II Trial Comparing 16-18 Weeks of Neoadjuvant Exemestane, Letrozole, or Anastrozole in Postmenopausal Women with Clinical Stage II and III Estrogen Receptive Positive Breast Cancer

- Engaging and Evaluating Visitors Interest in Infection Prevention Pilot
- Radioactive Seed Localization Study
- A Phase II Trial Exploring the Success of Cryoablation Therapy in the Treatment of Invasive Breast Carcinoma
- The Presence of Asymptomatic MRSA in Children at a Healthcare Associated Daycare Facility
- Sleep Medicine Fellowship
- Cancer Wellness Program Database
- Development and Implementation of a Prostate and Bladder Cancer Research Registry Database
- Clinical Outcomes of Percutaneous Ablations for Atrial Fibrillation and Atrial Flutter
- Operative Exercise Program with Abdominal Wall Reconstruction Surgery

Bethesda Auxiliary

Priorities for this funding include:

- Direct Patient Care programs, projects or equipment.
- Customer related programs, projects or equipment.
- Community service related projects, programs or equipment.
- Employee/Physician support related projects, programs or equipment.

During the previous nine years, the Bethesda Auxiliary awarded 159 Project for almost \$600,000, benefiting more than 70 different department, programs, and services.

Typically, each year approximately 20 awards are made for a total award of about \$70,000. Some awards are less than \$500, and the award ceiling is \$20,000 (although an award of that size has been approved only twice in nine years). Most awards are in the \$1,000 - \$2,000 range.

Examples of recently-funded items include: patient blanket warmers; day bed sleepers for families; equipment to help emergency staff with patient transfers; supplies for volunteers to make quilts, shawls, and chemo caps; infant car seats; volunteer shirts; jaundice meters; bus tickets for patients; vein locators; and baby cribs.

Scholarships

Nursing scholarships are available to students of several nursing programs. Students may apply each year of their program. Additionally, scholarships are awarded to some Bethesda North Hospital Junior Volunteers.

5. What is the general annual application cycle?

| Funding opportunity | General annual application cycle |
|----------------------|--|
| Medical Research | <ul style="list-style-type: none"> • First Round: Proposals due in April for projects |
| Clinical Improvement | |

| | |
|------------------------------|--|
| | starting in July <ul style="list-style-type: none"> • Second Round: Proposals due in September for projects starting in January |
| Community Outreach | <ul style="list-style-type: none"> • Proposals due in April for projects starting in July |
| Auxiliary Grants | Proposals due in July |
| Nursing student scholarships | Proposals due in June |

6. Is working with the Hatton Research Institute a requirement?

Yes, for developing projects that will be funded by Bethesda Foundation Research or Clinical Improvement funding.

7. What does The Hatton Research Institute do?

The TriHealth Hatton Research Institute encourages and assists researchers to pursue new knowledge and develop advances that bring tomorrow's medicine into today by supporting the creation and conduct of research and education activities of staff physicians and surgeons, teaching faculty, residents, and allied health professionals in TriHealth. They conduct clinical research projects and trials in any medical specialty.

Through this work, the Hatton Research Institute:

- Improves the quality of care and expands care options for our patients through participation in leading clinical studies and collaboration with the nation's top health research institutions
- Creates opportunities for scientific inquiry, collaboration, and the pursuit of knowledge among healthcare providers
- Provides first-in-class medical education and training to residents, fellows, and clinicians using innovative technologies

The Hatton Research Institute is an amazing resource for TriHealth staff interested in conducting properly-deigned scientific studies. The Hatton staff can help with:

- Defining a research hypothesis
- Developing and implementing a research plan
- Collecting and analyzing data
- Interpreting findings
- Disseminating findings in form of presentation or publication
- Setting up clinical trials
- Regulatory compliance, such as CITI training and IRB information

CITI Training and IRB information

As part of our strategic plan to bring TriHealth to the level of other institutions who perform research, we are asking everyone who participates in research to complete the same set of

Collaborative Institutional Training Initiative (CITI) Modules at TriHealth. The advantages of this alignment include:

- Reducing the number of courses required for those conducting research at multiple institutions
- Creating a single source for verifying training completions, leading to faster IRB processing
- Single access for completing the required training

If you have any questions about the IRB New Study Submission Process please contact the IRB Coordinator at: 513-865-5248 or irb_hrpp@trihealth.com.

See also for more information:

<http://www.trihealth.com/research-and-education/trihealth-hatton-research-institute/>

8. What are the eligibility criteria to receive a grant?

Active and teaching members of the Bethesda medical staff (including medical residents and fellows) and other Bethesda healthcare providers (such as nurses, pharmacists, physical therapists etc.) whom actively support Bethesda Hospital in the fulfillment of its mission are encouraged to apply. This opportunity extends to all Bethesda entities, including Bethesda North Hospital, Bethesda Butler Hospital, Bethesda medical practices and groups, and the Mary Jo Cropper Family Breast Care Center. Applications for studies planned for other institutions will not be considered; but studies planned as partnerships with other institutions will be considered.

9. What is the application process?

Each funding mechanism has its own application process. They include:

Community Outreach Grants

There is one round of funding each year, with proposals due in April for projects starting in July. You may apply by invitation only. To get an invitation to apply please discuss your project with a representative of the Foundation: either Amy Lamborg (865-1613 or Amy_Lamborg@trihealth.com) or Andy Swallow (865-1620 or Andy_Swallow@trihealth.com). Applications and reports are submitted online through the Bethesda Foundation's website.

Research or Clinical Improvement Grants

There are two rounds of funding each year. Round One has a pre-proposal (also called a Letter of Intent or LOI) due near the end of January. If your pre-proposal is accepted, you will be asked to submit a full proposal, due in early April. If awarded, these projects will start in July.

Round Two has a pre-proposal due in Mid-July. If your pre-proposal is accepted, you will be asked to submit a full proposal, due in mid-September. If awarded, these projects will start in January.

For both rounds, applications and reports are submitted online through the Bethesda Foundation's website.

Bethesda Auxiliary project Review Grants

There is one round of funding per year. Applications are due early in July, for awards in October. These applications are submitted on paper. Please contact Jerri Spurlock (865-1618 or Jerri_Spurlock@trihealth.com) for application guidelines or more information.

Bethesda Foundation or Auxiliary Scholarships

The Bethesda Foundation Nursing Scholarships are awarded once per year. Applications are due in June, and are submitted online through the Bethesda Foundation's website. The Bethesda Auxiliary Junior Volunteer Scholarships are also award once per year. The applications are due in early April, and are submitted on paper. Please contact Jerri Spurlock (865-1618 or Jerri_Spurlock@trihealth.com) for application guidelines or more information for the Auxiliary Junior Volunteer Scholarship.

10. What are the proposal evaluation criteria used by the Review Committee?

The Review Committee carefully reads each proposal, and scores them based on a number of factors. If you clearly address these factors in your proposal, it will probably receive a higher score! The main factors include:

- How does the research project benefit Bethesda North Hospital?
- Will the project enhance patient care?
- Will the project enhance Bethesda's medical research and its goal to provide high quality clinical care?
- Can the project be completed within a reasonable time frame?
- Is the project dependent upon other considerations (i.e., matching grants, other institutions, etc.)?
- Can part of the project be funded by grant requests from other sources?

11. What are the grant restrictions?

- Grants are to be used only for the purposes outlined in grant proposal.
- Funding of fellowship programs is limited to a maximum of 3 years; however, the applicant must re-apply each year.
- Any grant money awarded that is not paid-out through the customary accounting process by one year from time of award will be forfeited, unless a multi-year grant is awarded or prior written approval is obtained.
- Evaluation attention will be directed toward equipment purchases, salaries, and other administrative overhead expenses needed to conduct the study. All overhead expenses must be listed as line item expenses (not as percentages).

- Grant recipients will be required to submit a six-month update and a final outcomes report to the Bethesda Foundation.
- Grant applicants may be invited to present their grant proposals to the review committee.
- Successful grantees must sign an agreement indicating acceptance of Bethesda Foundation's grant policies. These policies include but may not be limited to:
 1. Applicant agrees that any grant monies received from the Bethesda Foundation will be expended only for the explicit purposes outlined in the grant proposal. In the event that the goals of the project change, requiring that grant monies be spent for any purpose other than those originally specified in the original grant, prior written approval must be obtained from the Bethesda Foundation.
 2. Applicant agrees to acknowledge the Bethesda Foundation's financial support in any materials, including annual reports, newsletters, press releases, brochures, videotapes, and other public relations materials and presentations. The Bethesda Foundation shall be credited in printed matter, including electronic media, with the statement, "*Made possible, in part, by a grant from the Bethesda Foundation.*"
 3. Applicant agrees to provide the Bethesda Foundation with progress reports upon request. Please maintain itemized reports of all project expenses for inclusion in the Six Month Report and Final Outcomes Report. Applicants may be asked to provide a synopsis of their program with pictures for potential use in our annual report.
 4. Any awarded grant monies not used by one year from time of award must be returned to the Bethesda Foundation. Any undisbursed grant funds held by the Bethesda Foundation will be forfeited. Exceptions must receive prior written approval by the Bethesda Foundation.
 5. Applicants may be asked to speak to the Bethesda Foundation board of trustees or be included in our site visit process during the fiscal year.

12. Do partnerships have to be established before submitting a preliminary grant application?

Not necessarily, but it certainly will make your proposal look more well thought-out and organized (and therefore be more competitive) if your partners have already agreed to collaborate on your project before you submit a final proposal.